



## **Brownie Cabin Camper Badge – Outdoor Pillar**

**Goal:** When I've earned this badge, I will know how to plan a camping trip and stay overnight in a cabin, or tent, with my family or friends.

### **Step 1:**

*What I'll do:* Help plan a camping trip

*What I'll need:*

1. 1 sheet of paper, and a pen/pencil.
2. Make a list of interesting places to see and things to do.
3. Decide on a budget, how much can we spend on our camping trip?
4. With our budget in mind, answer these questions:
  - How long can we stay?
  - What activities will we do?
  - What meals do we want to make?
  - Do we need refrigeration or a cooler to keep our food cold?

*How I'll do it:*

With an adult go online and look for a camping area that you would like to visit. You can start with sights you'd like to see, and then find a campground near places you'd like to visit. When you visit the website look for what amenities, like bathrooms, play areas are available and how much they cost. You can visit the Girl Scouts of Connecticut website to see what our camps are like at, <https://www.gsofct.org/en/camp/property-information-and-rental.html>. You can also visit other Girl Scout Council websites for their camps as well. You can also look at Kampgrounds Of America (KOA) for camping areas throughout the United States at <https://koa.com/>

### **Step 2:**

*What I'll do:* Learn about camping gear

*What I'll need:*

- Paper
- Pen or pencil
- Camping items you decide to bring

*How I'll do it:*

1. With an adult, make a list of the things you will need to pack for your trip. A Girl Scout is always prepared! Be sure to pack what you will need for your trip. With a family member, make a list of things that will be needed for your camping trip. Will it rain, do you need a raincoat? Will it get dark, do you need a flash light? Will you be sleeping in a tent? In a sleeping bag? And, how will you carry it all? Will you be staying inside or outside? Do you need a tent to keep the rain off?
2. Pack your things into a backpack. You should be able to carry everything, although you may need a little help with your sleeping bag.

### **Step 3:**

*What I'll do:* Prepare a camp meal

*What I'll need:*

1. 1 sheet of paper, to write out the recipe.
2. Make a list of ingredients and quantities for the recipe.
3. Make a list of utensils that will be needed to prepare, serve and eat the meal. You'll want to list things like a can opener, serving spoon, cooking pot, pan or foil.
4. Make a shopping list. Be sure to include things that are needed to help with cooking, such as oil to put on the foil so the meal doesn't stick.

*How I'll do it:*

It's great to pick foods you love especially when camping. Because you'll be extra busy, choose foods that are fun and are healthy too! You might want to pick some foods that need little or no refrigeration, like fruits and vegetables. You might also choose foods that are easy to heat. Maybe you'll want to cook over a campfire! Foil cooking is a great way for everyone to choose what they like. This website has some great suggestions: <https://hikeitbaby.com/blog/easy-camping-meals-for-kids/>

### **Step 4:**

*What I'll do:* Learn a new camping skill






*What I'll need:*

- 24" piece of rope
- Electrical tape and duct tape (or two different colors of duct tape)
- Firewood, of different sizes

*How I'll do it:*

1. Learn how to tie some knots. Visit <https://www.animatedknots.com/clove-hitch-knot-rope-end> and learn how to tie a clove hitch and many more! Best to have a 24" piece of rope. On one end of the rope, wrap with a piece of electrical tape. On the other end of the rope, you can use a piece of duct tape. This will help you to know which end of the rope is which! Actually any tape will do, so long as they are different from each other.

- Or, try building a Teepee fire. Ask an adult to help you pick a safe place to build your Teepee fire. You will need to gather some sticks in a variety of sizes. First, you need a hand full of TINDER, this is wood that is very small, like twigs or wood shavings and very dry. Next you will need to larger sticks, KINDLING. These sticks are about as round as your thumb. These should also be dry. Then you will need to FUEL wood. Fuel wood is about the size of your arm, be sure this is dry too.
- Or, you can also learn some trail signs and go on a hike! Many trails have BLAZES to mark the path. A blaze is a rectangle, painted on something along the path. It may be painted on a tree, a rock or something else along the way. The color is used to show what trail you are on. If there are multiple trails in the area, they should be painted in different colors to match the map. Be sure to watch the blazes as you hike. You should always be able to find one in front of you and one behind you. If you lose sight of the blaze, go back to the last one you saw, and take another look! Here's a hide and seek for trails signs [trail signs 14.pdf](#) Can you find them all? (There is at least one trail sign in each little picture.)

|   |   |   |   |   |
|---|---|---|---|---|
|  |  |  |  |  |
| Green trail<br>Go straight  | Green trail<br>Turns left   | Green trail<br>Turns right  | Green trail<br>stops  | Green and Red<br>Trails go straight   |

- You might also want to learn a Girl Scout campfire song. Here are some favorites: <https://blog.girlscouts.org/2015/07/5-camp-songs-every-girl-scout-should.html>

### Step 5:

*What I'll do:* Go camping

*What I'll need:* Rope and firewood that you collected in Step 4.

*How I'll do it:*

Now it's time for the best part! Pack up your gear and get ready for a fun-filled adventure with your family or camping pals. While you're in the great outdoors, try one of the activities you learned about in Step 4.

- Build your teepee fire. With a trusted adult, pick a site that has been used before for a campfire. Be sure the site is away from overhanging tree branches and clear of leaves and other brush. Have a bucket of water nearby, to put the fire out when done. You will also want to have a rake or a shovel to help stir the ashes when you are done, to be sure the fire is out. You can be sure the fire is out when it is cool and there are no red sport.

2. Or, go on a hike. With a trusted adult, pick the trail you want to hike on. Be sure to grab some water and healthy snack for your trip. A good rule of thumb is to divide the total amount of time you have for your hike into three parts. One part is for hiking out and two parts are for hiking back, in case you are extra tired, or need to go back and find a blaze or two.
3. Or, use one or two of the knots you learned in useful ways around your campsite.

**Where I can purchase the Badge:** <https://www.girlscoutshop.com/Brownie-Cabin-Camper-Badge>